



# Prevention of violence and coercion in Finland

## INTRODUCTION

Inpatient violence and use of coercion are a widespread problem in psychiatric wards.

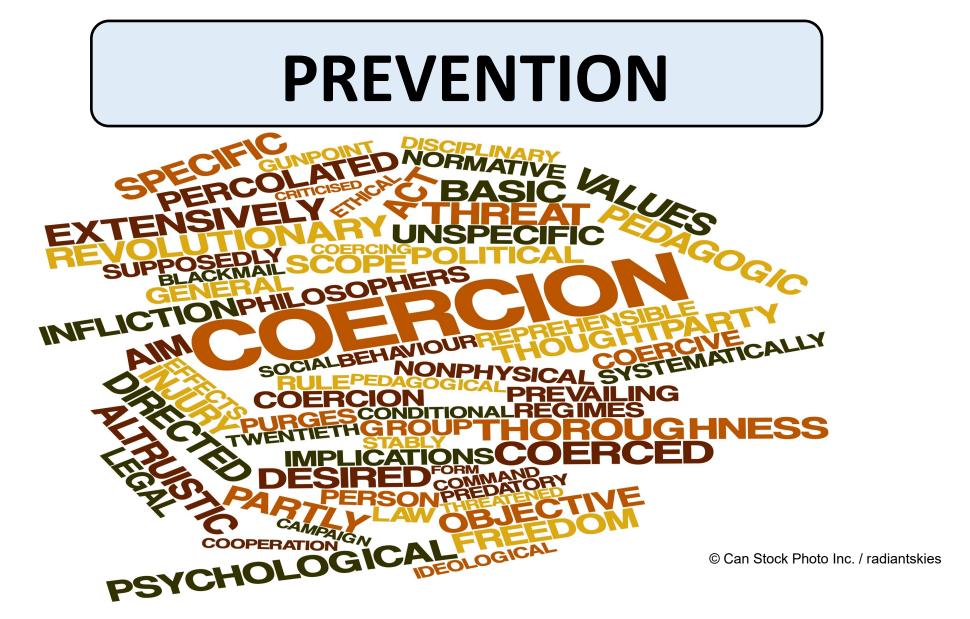
Care communities need multidimensional information on how violence can be prevented.

Research evidence on violence and debriefing should be used on all levels:



## **AIM**

The aim of this study is to search factors of patient violence and means to prevent coercion.



## **DESIGN AND METHOD**

Study used a review and descriptive mixed research:

- "violence factors and debriefing" a literature review (N=39)
- de-escalation methods used in Finnish psychiatric wards -survey (N=65)
- the forensic inpatient (N=45) interviews and debriefing forms (n=376).







## **OUTCOMES**

Patient characteristics, management, staff, and the ward environment are influencers that may trigger violent incidents.

In Finland, de-escalation methods, such as Safewards and Six Core Strategies, are widely used to prevent violence and coercion.

Specially, nursing communication, leadership, and debriefing are among the most effective ways of reducing violence in psychiatric care.

Patients' views are important in prevention of violence and coercion.

Patients are willing to tell about their views after seclusion - More DEBRIEFING needed!

More information and training is needed on how to de-escalate violence!

## Read more:

- 1. Asikainen J, Vehviläinen-Julkunen K, Repo-Tiihonen E, Louheranta O. Violence Factors and Debriefing in Psychiatric Inpatient Care: A Review. J Psychosoc Nurs Ment Health Serv. 2020 May 1;58(5):39-49. doi: 10.3928/02793695-20200306-01. Epub 2020 Mar 11. PMID: 32159814.
- 2. Asikainen J, Louheranta O, Vehviläinen-Julkunen K, Repo-Tiihonen E. Use of coercion prevention tools in Finnish psychiatric wards. Arch Psychiatr Nurs. 2020 Oct;34(5):412-420. doi: 10.1016/j.apnu.2020.07.013. Epub 2020 Jul 8. PMID: 33032767.
- 3. Patients' perceptions of safety and debriefing in psychiatric care (Submitted to an international journal)

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