



OSLOMET

OSLO METROPOLITAN UNIVERSITY

## RESEARCH SEMINAR

Mental Health Services Research: Coercion and  
Voluntariness

09:00-16:00 CET, 11 September 2023

OsloMet, Pilestredet 32, Room P32-N050.106

# *Dept. of Mental Health, OsloMet*

- Research group with 16 researchers from PhD-candidates to professors. Bio-psycho-social approaches -see [Psykisk helse – OsloMet](#) for details
- Multi-disciplinary post-grad courses – see [Psykisk helse-, rus- og avhengighetsarbeid - OsloMet](#)
  - Diploma
  - Master degree
- Internationalisation
  - Student exchange: Spring 2024 our studies will visit Tanzania, Malta, the Netherlands, South Africa. Open for additional countries!
  - Research collaborations
    - Projects
    - Visits
    - Networks

# FOSTREN: Fostering and Strengthening Approaches to Reducing Coercion in European Mental Health Services

- A COST Action designed to establish a sustainable, multidisciplinary network of researchers and practitioners focused on reducing the degree to which mental health services use coercion
- Aims to enable research and practice expertise to be exchanged in order to create an integrated framework for mental health service transformation
- Currently 30 member countries
- Running from 2020-2024



# Funded activities

- Annual Spring meeting: sharing of ideas
- Working group meetings: online or live plus activities
- **Short Term Scientific Missions**
- Training Schools
- New, joint activities

- Those who want to attend must apply
- A certain number of places for each country can be funded

Belgium  
Croatia  
Czech Republic  
Denmark  
Finland  
France  
Germany  
Greece  
Hungary  
Ireland  
Italy  
Malta  
Montenegro  
Netherlands  
North Macedonia  
Norway  
Poland  
Portugal  
Romania  
Spain  
Sweden  
Switzerland  
Turkey  
United Kingdom



# Risk Factors for Coercion in Mental Health Services

The FOSTREN-EVIPRG Training School 2021 Abstract Book

## FOSTREN<sup>1</sup> Training School 2023 'Processing Coercive Events'

19-21 September 2023 in Ghent, Belgium



Museum Dr. Guislain, Ghent. Photography by Karin Borghouts

# FOSTREN Training Schools

- Keynote lectures
  - Researchers
  - Service users
  - Clinicians
- Posters from PhD/young researchers
- Many countries represented
- Great conversations over laptops and glasses of wine!

Camilla Lindekilde - Roger Almvik - Lise Hounsgaard  
Ricko Damberg Nissen - Ellen Boldrup Tingleff  
Richard Whittington - Frederik Gildberg

How to join: <https://fostren.eu/>

## Join us

---

### Application to join COST Action 19133: FOSTREN

Thank you for expressing an interest in joining the FOSTREN Action and contributing to the successful achievement of our aims and objectives. For further information on this network please go to: <https://www.cost.eu/actions/CA19133> A copy of the Memorandum of Understanding (MoU) is available on this website.

This document provides further details on the work of the Action especially the Objectives (pages 4-5), the Work Groups (pages 11-13) and the Deliverables (pages 13-14).

Please tell us about what you would like to contribute to this network and how you would like it to develop in the future by answering the questions below. Note: When you submit this form, the owner can see your name and email address.

To join this network, please enter the required details on this link: [Link to form](#)



<b>09:00-09:15</b>	<b>Welcome</b>	<b>Jorun Rugkåsa</b>
<b>09:15-10:00</b>	A global perspective on the contextual factors influencing the use of coercive measures in mental health care	Deborah Oyine Aluh
<b>10:10-10:55</b>	Violence risk screening for youth in acute mental health institutions	Anniken L. W. Laake
<b>11:00-11:45</b>	Psychological pressure and informal coercion in mental health care - the perspective of informal carers	Christin Hempeler
<b>11:45- 12:45</b>	Lunch	
<b>12:45-13:30</b>	Controversies in psychiatry: A new methodological approach	Tore Hofstad
<b>13:40-14:20</b>	Medication free units – results from a Norwegian study	Kari Standal
<b>14:30-14:50</b>	Temporal variation in involuntary admissions in Norway. Outline of a PhD-project	Marius Lium
<b>14:55-15:40</b>	Area levels of involuntary care and patient outcomes	Olav Nyttिंगnes
<b>15:40-16:00</b>	Final discussion and summing up	Jorun Rugkåsa